

Effects of non-equilibrium plasma in the treatment of ligature-induced peri-implantitis

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Abstract

Aim: To evaluate the effects of non-equilibrium plasma in the treatment of ligature-induced peri-implantitis in beagle dogs.

Materials and Methods: Six beagles received 12 implants installed in the position of the fourth mandibular premolars. Ligature-induced peri-implantitis was initiated at 3 months post-implantation. When approximately 40% of the supporting bone was lost, the ligatures were removed. The implants were subjected to the muco-periosteal scaling and chlorhexidine irrigation with or without plasma irrigation. Three months later, clinical, radiographic and microbiological analyses were performed. Block biopsies were prepared for micro-CT and histomorphometric analysis. The primary outcome was the difference in bone healing of peri-implant sites, and the secondary outcomes included changes in clinical parameters (SBI, PD) and bacterial detection.

Results: At baseline, no significant differences were observed between the two groups. At 3 months post-treatment, the plasma group showed a significantly higher bone level than the control group ($p < 0.05$), a significantly decreased detection of bacteria (*Porphyromonas gingivalis* and *Tannerella forsythia*) ($p < 0.05$), and a significant improvement in clinical examination ($p < 0.05$).

Conclusions: Within the limits of this study, non-equilibrium plasma treatment as an adjunct to the conventional therapy is a feasible approach for the treatment of peri-implantitis.

Key words: animal experiment; dental implants; infections; non-equilibrium plasma; peri-implantitis

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Introduction

Peri-implantitis is an inflammatory disease that affects peri-implant soft and hard tissues, which is characterized by bleeding on probing and

progressive crestal bone loss (Lang & Berglundh 2011). If left untreated, it may even cause progressive increased implant mobility and eventual implant loss (Heitz-Mayfield 2008). While dental implant

installation has a high success rate, it is associated with a peri-implantitis rate of 10.7–47.2% within 10 years after implantation (de Waal et al. 2012).

Bacterial biofilms play a key role in the onset and progression of peri-implantitis lesions (Lindhe et al. 1992, Mombelli & Lang 1998); therefore, biofilm removal is important for the treatment of peri-implantitis. Currently, different treatment strategies (surgical and non-surgical methods such as mechanical debridement,

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chemical antiseptics, laser, etc.) for peri-implantitis have been suggested and have proven to be effective. However, there is no reliable evidence that suggests which interventional treatment may be the most efficacious (Esposito et al. 2012). Moreover, implant surfaces are known to be contaminated by some decontamination methods, which results in the smear layer and modified surface topography and ultimately does not permit re-osseointegration (Klinge et al. 2005). Thus, new treatment approaches of peri-implantitis are needed.

Plasma, the fourth state of matter, is an ionized, electrically neutral gas containing numerous active components (including electrons, ions, free radicals and chemically reactive neutral particles; Duske et al. 2012). The plasma system can be thermal or non-thermal. Non-equilibrium plasma is non-thermal plasma, also called cold plasma, which is around room temperature and contains numerous short-lived reactive species (excited OH, N₂, N₂⁺, He, O species, etc.) (Lu et al. 2008). Since Laroussi (1995) first showed that non-equilibrium plasma could eradicate living pathogenic microorganisms after exposure for a sufficient time, non-equilibrium plasma has been studied for multiple biological applications, including heat-sensitive medical device disinfection, living tissue decontamination, wound healing and cancer treatment (Halfmann et al. 2007, Isbary et al. 2010, Kim et al. 2011, Heinlin et al. 2013). Non-equilibrium plasma has also been used in some dental experimental studies for bacteria inactivation (Cao et al. 2011), tooth whitening (Kim et al. 2013), dental caries treatment (Sladek et al. 2004) and root canal treatment (Du et al. 2012, Schaudinn et al. 2013), among others. Additionally, non-equilibrium plasma has been shown to be beneficial in inactivating dental biofilms (Koban et al. 2011, Du et al. 2013), disinfecting irregular surfaces such as cracks and fissures (Sladek et al. 2007), rendering surfaces hydrophilic (Vogelsang et al. 2010), improving cell adhesion (Naciri et al. 2014), promoting the healing of dental implants (Koban et al. 2012) and exhibiting synergistic effects with antiseptics (Du et al. 2013). Therefore, non-equilibrium

plasma may be an attractive treatment option for peri-implantitis. The findings reported so far, however, are from *in vitro* studies. To our knowledge, there are only a few studies which investigate destruction of *in situ* formed oral biofilms from machined as well as micro-structured (SLA) titanium discs via cold plasma (Rupf et al. 2011, Idrissi et al. 2013). There have also been some reports studying whether or not *in vitro* cold plasma pre-treatment of titanium implants or abutments may improve bone formation *in vivo* (Canullo et al. 2013, Giro et al. 2013). In this study, we created a new non-equilibrium plasma device based on a plasma instrument mentioned in previous papers (Lu et al. 2009, Cao et al. 2011, Du et al. 2013), and evaluated its effects in the treatment of ligature-induced peri-implantitis in beagles.

Material and Methods

The study protocol was approved by the Ethics Committee of Animal Research of Tongji Hospital of HUST, China. The procedures were performed according to the regional animal welfare requirements and the trans-disciplinary requirements in comparative implant dentistry (Dard 2012). The study was performed from March 2011 to June 2012 and this article has been written following the ARRIVE guidelines (Kilkenny et al. 2011) and the consensus of the eighth European workshop on periodontology (Berglundh and Stavropoulos, 2012).

Animals

Six adult beagles (approximately 18 months old, 12–13 kg) used in this study were purchased from Anlu Rukikesen experimental animals Co., Ltd., Hubei, China (license No. SCXK (Hubei) 2008-0001). None of the animals showed any clinical signs of infection or other oral diseases. During the experiment, the animals were housed separately in kennels of the Experimental Animal Center of Tongji Hospital of HUST, in 100% fresh air, ambient temperature 25 ± 1°C and humidity 40–70%. They were fed a dog diet twice-daily (1–1.5% of body weight), given free access to fresh water and subjected to

oral hygiene with a toothbrush and physiological saline every third day.

Any procedure involving animals and their care were performed according to the Prevention of Cruelty to Animals Act 1986, the NIH Guidelines for Care and Use of Laboratory Animals and the local laws.

Non-equilibrium plasma application

Compared to the previously designed devices, there were a few minor differences in this device (Fig. 2a): (i) the medical syringe was replaced by a quartz tube, and the shape and size of the device were similar to those of a dental handpiece; (ii) a plastic needle was installed in front of the handpiece. The needle was removable so that needles of different sizes (length, diameter) could be used as required. The diameters of the handpiece and the plastic needle were 10 mm and 3 mm, respectively. The inner diameter of the needle was approximately 1.5 mm, and the length was 15–20 mm. The HV electrode is powered by a low-frequency radiofrequency supply, operating at 8 kV, 8 kHz, and a pulse width of 1600 ns. The nonequilibrium plasma is generated between the HV electrode and the surrounding air. The visible part of the plasma plume ejected from the plastic needle was approximately 2 cm for peri-implantitis treatment. The working gas used was 0.1% O₂/He; the flow rate of which was controlled by a mass-flow controller set at 2 l/min. The optical emission spectra of the non-equilibrium plasma were shown in Fig. 2b.

Tooth extraction and implant installation

Following a quarantine period of 1 month, the fourth mandibular premolars (PM4) on both sides of each dog were hemisected with a thin fissure bur under copious irrigation and atraumatically extracted with forceps and/or elevators under a general anaesthesia by intravenous administration of pentobarbital sodium (30 mg/kg). The surgical sites were also infiltrated locally with 2% xylocaine with 1:80,000 epinephrine for haemostasis. After 3 months, 12 screw-type titanium implants (ANTHOFIT®; OIIM 35100, Ø 3.5 mm × 10.0 mm length, Anthogyr, French – a BCP® sandblasted

surface consisting of a mixture of hydroxyapatite and beta-tricalcium phosphate with Ra ranging from 1.5 to 2.0 μm) (http://www.anthogy.com/sites/default/files/atoms/files/bcp_brochure.pdf) were placed (two in each dog) under a general anaesthesia as previously described. The shoulders of the implants were flush with the buccal bone crest, and all implants were provided with healing abutments (O 4.3 mm \times 4.0 mm length, Anthogy, French). The surgical procedures were performed according to the manufacturer's guidelines. The animals were given carprofen (4 mg/kg, po) daily in the first 3 days after the surgical procedures. The outline of this study is depicted in Fig. 1.

Experimental peri-implantitis

Three months after implantation, experimental peri-implantitis was induced by placing cotton ligatures in a sub-marginal position around the neck of the implants under general anaesthesia, as previously described (Lindhe et al. 1992). The ligatures were replaced once every 3 weeks. The only difference from previous studies was that we used cotton ligatures intertwined with stainless steel ligatures (O 0.25 mm); in this way, we reduced the chances of the ligatures from easily falling off the neck portion of implants. Subsequently, the progression of bone loss was observed by clinical and radiological examination. When approximately 40% of the supporting bone was lost, the ligatures were removed.

Treatments

After removing the ligatures, two implants from each dog were randomly assigned to two groups using a randomization software (version 1.0; Random Allocation Software, Isfahan, Iran) and received different treatment under a general anaesthesia (sodium pentobarbital, 30 mg/kg/ i.v.).

Control group

The buccal and lingual muco-perio-steal flaps were elevated for scaling the implant surface with manual plastic curettes (Hu-Friedy Co. Inc., Chicago, IL, USA), and the visible plaque, calculus and granulation tissues around the implants were curetted. After scaling, all implants were irrigated with 0.2% chlorhexidine digluconate for 3 min and sterile saline solution for an additional 3 min. The flaps were then replaced and sutured with absorbable 3/0 suture at the level of the implant platform.

Plasma group

This group was subjected to the conventional techniques and non-equilibrium plasma. After the conventional techniques (described above), the plasma was directly irradiated on the buccal, mesial, lingual and distal surfaces of each implant by a scanning method for 3 min. Distance between the plastic needle and implant surface was 5 mm (a schematic diagram is seen in Fig. 2a). All treatments were performed by an experienced operator, who was blinded to the randomization of the study. After treatment,

dogs were subjected to regular tooth and implants cleaning with a toothbrush and physiological saline every third day to maintain oral hygiene.

Clinical examination

Clinical examinations were performed at baseline (lig.-), and at month 1, 2 and 3 following ligature removal (Fig. 1). The parameters measured included a sulcus bleeding index (SBI) and probing depth (PD).

Sulcus bleeding index

A manual plastic probe (Merrit B[®] probe; Hu-Friedy, Chicago, IL, USA) was inserted approximately 1 mm of depth into the peri-implant epithelium, and the sulcus was scratched over its facial and oral surface. Two sites per implant observed for bleeding for 30 s: buccal and lingual, then scores for the two areas are totalled and divided by two. The bleeding index was scored according to the assessment described by Mazza et al. (1981).

Probing depth

The probing depth (PD) was measured from the gingival/mucosal margin to the base of the probe-able pocket at four sites (buccal, mesial, distal and lingual) per implant, using a Merrit B[®] probe (Hu-Friedy, USA) with a standardized probing force of 0.2 N.

Microbial examination

Microbial samples were obtained from four sites (buccal, mesial, distal and lingual) per implant at baseline, and months 1, 2 and 3 following ligature removal (Fig. 1). If one site is positively tested, the entire implant is positive.

Sampling sites were isolated with sterile cotton rolls. Supragingival plaque was removed with sterile plastic curettes and the sites were gently air-dried. Four paper points (#30) were inserted into the peri-implant pocket until resistance was felt; they were held in place for 30 s. The paper points were then removed and placed into vials containing 0.5 ml sterile phosphate-buffered saline solution and stored at -20°C . The samples were boiled for 10 min, centrifuged, and the supernatant was subsequently used for polymerase

Radiographs	x	x	x	x	x	x	x	x	x	x	x	x	
Clinical examinations	x	x	x	x	x	x	x	x	x	x	x	x	
Microbial sampling							x	x	x	x			
Computed Tomography							x					x	
Micro Computed Tomography												x	
Histopathological examinations												x	
Months	-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3
	Tooth extraction		Implantation			Ligature placement			Ligature removal (Baseline)		Treatments		Sacrifice

Fig. 1. Study outline: Ligatures were placed 3 months after implant installation (Lig.+) and removed at month 0 (Lig.-, baseline). Animals were treated with different techniques at baseline and sacrificed after 3 months. "X" indicates that the examination was conducted at the corresponding time point.

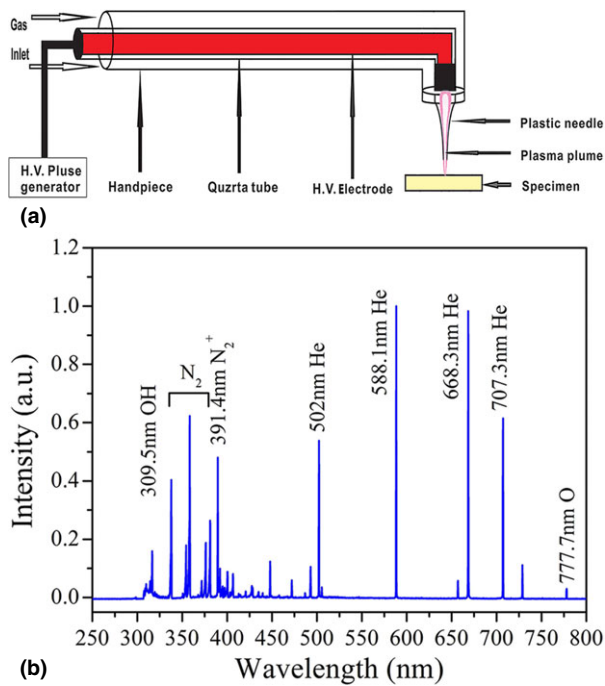


Fig. 2. The non-equilibrium plasma application device. (a) A schematic diagram of the device used. (b) The optical emission spectra of the plasma plume (1% O₂/He-plasma, 8 kV, 10 kHz, 1600 ns). The presence of the short-living excited OH, N₂, N₂⁺, He and O species in the plasma plume can be seen.

chain reaction (PCR) analysis. The primer pairs used have been described by Slots et al. (1995): (i) *Porphyromonas gingivalis* (*P. gingivalis*): 5'-AGGCAGCTTGCCATACT GCG-3' and 5'-ACTGTTAGCA ACTACCGATGT-3', (ii) *Actinobacillus actinomycetemcomitans* (*A. actinomycetemcomitans*): 5'-GCTAATACC GCGTAGAGTCGG-3' and 5'-AT TTCACACCTCACTTAAAGGT-3', (iii) *Tannerella forsythia* (*T. forsythia*): 5'-GCGTATGTAACCTGC CCGCA-3' and 5'-TGCTTCAGTG TCAGTTATACCT-3'. PCR amplifications were performed in a reaction mixture containing 5 µl of sample, 1× PCR buffer, 1.0 µM of each primer sample, 200 µM of each of the 4 dNTPs, 1.25 units Taq DNA polymerase, in a final volume of 50 µl. The samples were subjected to a pre-incubation cycle of 5 min at 95°C, incubated for 36 cycles of 30 s at 95°C, 1 min at 60°C and 1 min at 70°C and then a last cycle of 2 min at 72°C. PCR amplification products were analysed by 1.5% agarose gel electrophoresis. The gel was stained with ethidium bromide and photographed under 300 nm ultraviolet light. The species used as positive controls were: *P. gingivalis* (ATCC

33277); *A. actinomycetemcomitans* (ATCC 29522); *T. forsythia* (ATCC 43037) (Nociti et al. 2001).

All examinations were performed by an experienced, blinded investigator.

CT and micro-CT analysis

Computed tomography (CT) (GE Light Speed 64 VCT, General Electric Co., Fairfield, CT, USA) was performed at baseline and month 3 after ligature removal (Fig. 1), following the clinical and microbial examinations. The imaging parameters were as follows: 120 kVp, 350 mA, 0.5 s rotation time and 0.6 mm collimation. After scanning, three-dimensional reconstruction was performed (GE ADW4.3 CT Workstation, USA), and the height of the bone level around the implants (BH_(CT), from bottom of the defect to the implant apex in the CT images) was analysed based on four aspects (buccal, lingual, mesial and distal) of each implant. An average of the four sides was then calculated.

After the second CT examination, the animals were sacrificed under general anaesthesia (overdose of sodium pentobarbital, 200 mg/kg/i.v.),

and perfused with a fixative solution (10% buffered formalin) through the carotid arteries. A total of 12 block biopsy samples including the implant and the surrounding tissues, were obtained using a diamond saw. All the samples were fixed in a 10% neutral buffered formalin solution for 1 week. The biopsy samples, including the implant, were then wrapped in cling film to prevent the samples from drying out and were subsequently examined using a micro-CT scanner (SCANCO µCT 80; SCANCO Medical AG, Basserdorf, Switzerland). The following imaging settings were used: tube voltage, 80 kV; tube current, 115 µA; integration time, 200 ms; slice width, 25 µm; slice pitch, 30 µm; matrix size, 512 × 512. After scanning, the peri-implant bone architectures were reconstructed using OsiriX software (Atlanta, GA, USA); changes in the post-treatment bone levels of each implant were measured.

Histomorphometric examination

All block biopsies including the implants, were processed for ground sectioning according to the methods described by Donath & Breuner (1982) and in accordance with the protocol by Albouy et al. (2012). For each implant block, four central sections (buccal-lingual plane) were obtained and reduced to a thickness of approximately 20 µm and stained in 1% toluidine-blue solution. Using this technique, old bone stains light blue, whereas newly formed bone stains dark blue (Schenk et al. 1984). The histomorphometric evaluation was performed using a Leica DMRBE microscope (Leica, Heidelberg, Germany) equipped with an imaging system (Q-500 MC; Leica). Four buccal-lingual sections per implant were examined and the heights of bone level (BH_(HM), from first bone-to-contact to implant apex) and linear re-osseointegration height (RH_(HM), from first BIC to bottom of defect) were measured from the buccal and the lingual sides of each implant, expressed as an average of the two sides.

Statistical analysis

The SPSS 16.0 software (SPSS Inc, Chicago, IL, USA) was used. Mean values for each implant were

obtained in each animal. Differences within groups over different time points were evaluated by Friedman test and Wilcoxon signed-rank test, and the Wilcoxon signed-rank test was used to test the differences between groups. Differences were considered statistically significant at $p < 0.05$.

Results

All procedures were well tolerated by the animals, and post-treatment healing was uneventful in all dogs throughout the study.

Histomorphometric findings

Primary outcome: Buccal-lingual sections representing the implants of the two groups are shown in Fig. 3. The degree of osseointegration was evaluated by measuring the data of linear $BH_{(HM)}$ and $RH_{(HM)}$. At month 3, a significant difference of $BH_{(HM)}$ was observed in the plasma group (7.52 ± 0.47 mm) compared with the control group (6.38 ± 0.55 mm) ($p < 0.05$), while the bone level around the implants was not significantly different at baseline (Table 1). The $RH_{(HM)}$ in the plasma group became signifi-

cantly higher compared with the control group at month 3 (1.52 ± 0.46 versus 0.81 ± 0.37 , $p < 0.05$). Thus, the higher $BH_{(HM)}$ and $RH_{(HM)}$ demonstrated better bone healing at 3 months post-treatment at the implant site of the plasma group. Higher $BH_{(HM)}$ and $RH_{(HM)}$ were observed in the plasma group (Fig. 3a,b) than that in the control group (Fig. 3c,d).

Clinical findings

The SBI and PD values were significantly lower after treatment in both groups ($P < 0.05$) (Table 2). At baseline, there was no significant difference between the two groups, but data in the plasma group were significantly lower ($p < 0.05$) than the net of the control group at month 3.

Microbial analysis findings

The detection rate of the *P. gingivalis*, *A. actinomycetemcomitans* and *T. forsythia* results are shown in Table 3. At baseline, the detection rates for the three bacteria were not significantly different between the plasma and the control groups. At month 1, the detection rates for all three species declined significantly in both groups ($p < 0.05$), with the only exception of the detection rates of *A. actinomycetemcomitans* in the control group ($p > 0.05$). At month 3, the detection rates of *P. gingivalis* and *T. forsythia* in the plasma group were significantly lower ($p < 0.05$) than that at baseline, while the significantly declining trend of *P. gingivalis* and *T. forsythia* in the control group stopped at month 2. The detection rates of *P. gingivalis* and *T. forsythia* at months 1, 2 and 3 were significantly higher ($p < 0.05$) in the control group than that of the plasma group, but there was only a significant difference observed regarding the detection of *A. actinomycetemcomitans* between the two groups at month 1 ($p < 0.05$).

Imaging examination findings

CT and micro-CT 3D images are shown in Fig. 4. At baseline, there was no significant differences in the bone height from CT examination ($BH_{(CT)}$) between the plasma group and the control group (5.89 ± 0.85

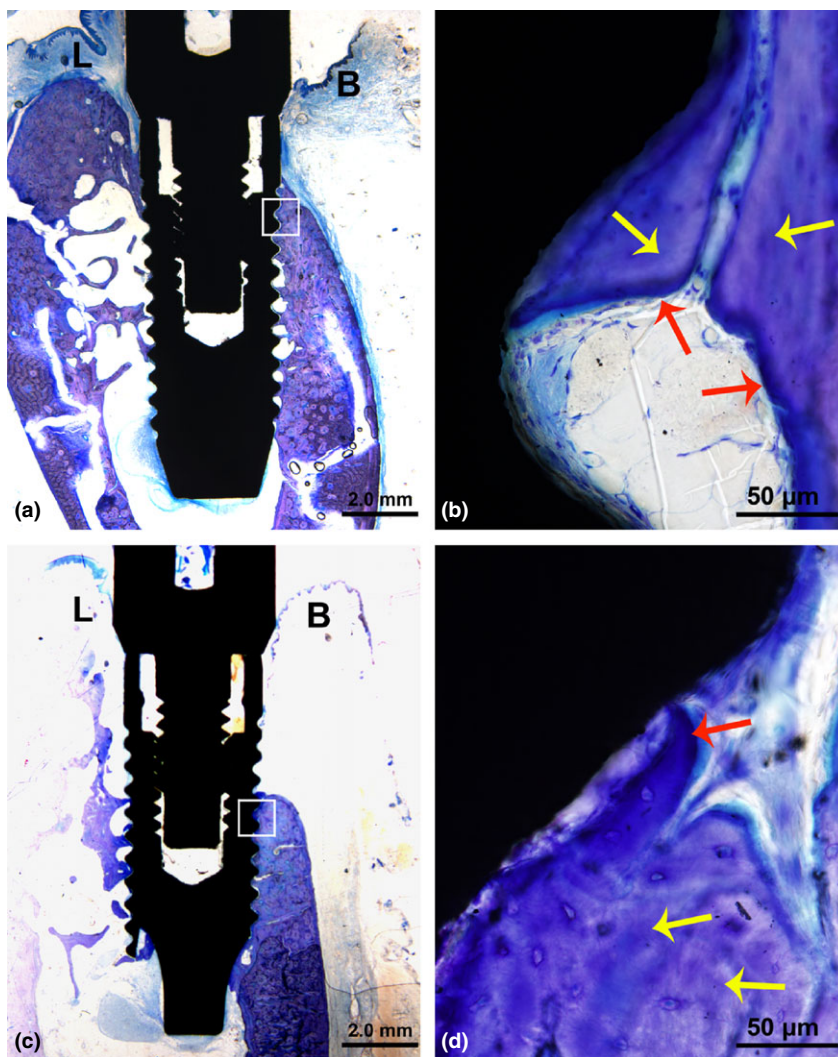


Fig. 3. Histomorphometric sections (bucco-lingual) of the implant with surrounding tissues at month 3 (1% toluidine-blue staining). (a) Sections of the plasma group. Original magnification $1\times$. (b) Details of (a). Original magnification $40\times$. (c) Sections of the control group. Original magnification $1\times$. (d) Details of (c). Original magnification $40\times$. (a, c) show the heights of bone level ($BH_{(HM)}$) in the two groups. Newly formed bone (dark stained area, red arrows) and old bone (light stained area, yellow arrows) are showed in (b, d). Landmarks for the histomorphometric analysis: B, buccal side; L, lingual side; Scale bars = 2.0 mm (a, c) and 50 μ m (b, d).

Table 1. The bone level in beagle dogs with peri-implantitis treated by non-equilibrium plasma at baseline and month 3

Time	BH _(CT) (mm)		BH _(HM) (mm)		RH _(HM) (mm)	
	Plasma	Control	Plasma	Control	Plasma	Control
Baseline	5.89 ± 0.85	5.62 ± 0.70	–	–	–	–
Month 3	7.22 ± 0.75* [#]	6.13 ± 0.69	7.52 ± 0.47 [#]	6.38 ± 0.55	1.52 ± 0.46 [#]	0.81 ± 0.37

Data are presented as mean ± standard deviation.

**p* < 0.05 versus baseline in each group.

[#]*p* < 0.05 versus control at the same points.

BH_(CT), Bone height of CT analysis; BH_(HM), Bone height of histomorphometric analysis; RH_(HM), Height of linear re-osseointegration.

Table 2. The clinical findings in beagle dogs with peri-implantitis treated by non-equilibrium plasma at baseline and month 3

Time	SBI		PD (mm)	
	Plasma	Control	Plasma	Control
Baseline	4 (3–5)	4 (3–5)	4.77 ± 1.45	4.27 ± 1.25
Month 3	1 (0–2)* [#]	1.5 (0–2)*	2.52 ± 0.70* [#]	3.29 ± 0.58*

Data are presented as median (range) or mean ± standard deviation.

**p* < 0.05 versus baseline in each group.

[#]*p* < 0.05 versus control at the same points.

SBI, sulcus bleeding index; PD, probing depth.

Table 3. The detection rate of the three bacteria *P. gingivalis*, *A. actinomycetemcomitans* and *T. forsythia* in beagle dogs with peri-implantitis treated by non-equilibrium plasma

Time	<i>Pg</i>		<i>Aa</i>		<i>Tf</i>	
	Plasma	Control	Plasma	Control	Plasma	Control
Baseline	0.67	0.67	0.33	0.33	0.83	0.83
Month 1	0.17* [#]	0.33*	0* [#]	0.17	0.17* [#]	0.50*
Month 2	0.17* [#]	0.33*	0.17	0.33	0.33* [#]	0.50*
Month 3	0.33* [#]	0.50	0.21	0.33	0.33* [#]	0.67

**p* < 0.05 versus baseline in each group.

[#]*p* < 0.05 versus control at the same points.

Pg = *P. gingivalis*, *Aa* = *A. actinomycetemcomitans* and *Tf* = *T. forsythia*.

versus 5.62 ± 0.70; Table 1). At month 3, the data of BH_(CT) in the plasma group were significantly higher than that in the control group (7.22 ± 0.75 mm versus 6.13 ± 0.69 mm; Table 1). This result was consistent with the PD results. The different bone levels of the implants in micro-CT images between the two groups at month 3 can be seen in Fig. 4e–h.

Discussion

A feasible treatment of peri-implantitis must be capable of cleaning contaminated implant surfaces and re-establishing surface characteristics that promoted bone regeneration (Claffey et al. 2008). Currently, new developments regarding the use of non-equilibrium plasmas for the

removal of oral biofilms in titanium surfaces and wounds suggest that they may be a visible option in the treatment of peri-implantitis (Isbary et al. 2010, Vogelsang et al. 2010, Koban et al. 2011, Canullo et al. 2013). Thus, the present study is aimed at evaluating the effects of non-equilibrium plasma in the treatment of peri-implantitis in a dog model.

The results of the changes of bone healing before and after treatment were reported as primary findings. At baseline, there was no significant difference in the bone height of the implants between the plasma group and the control group according to the CT outcomes. There was a significantly higher BH_(HM) in the plasma group compared with the control group at

three months post-treatment. Thus, the higher BH_(HM) demonstrated better bone healing at the implants of the plasma group. A larger amount of new bone formation in the bone-to-implant contact surface was also observed in the plasma group (Fig. 3b). These in vivo findings were consistent with the results of in vitro experiments, which showed that non-equilibrium plasma treatment may improve cell adhesion (Naciri et al. 2014). Moreover, these results provided further support for some previous conclusions that after non-equilibrium plasma pre-treatment in vitro, titanium implants or abutments may improve bone formation in vivo (Canullo et al. 2013, Giro et al. 2013). Our findings suggest that the conventional therapy along with plasma application may induce bone re-osseointegration in vivo, although the reason for this is not clear. It is possible that this effect is due to the following: (i) An appropriate set of the plasma operating parameters (0.1% O₂/He, 2 L/min, 8 kV, 8 kHz, 1600 ns pulse width, 3 min irradiation time) was used. Plasma effects can be quite selective under different dose and dose rates, which may result in selective damage to pathogenic microbes without damage to the host (Dobrynin et al. 2009): <1 J/cm²: bacteria sterilized while normal cells survive; 2–6 J/cm²: cell proliferation and migration, cancer cell apoptosis; >7 J/cm²: normal cell death; >10 J/cm²: cell necrosis. Therefore, further research must identify this dose-effect in order to avoid adverse events; (ii) Surface modification. The in vitro studies have demonstrated that non-equilibrium plasma may reduce the contact angle and promote spreading of osteoblasts on different types of surfaces (such as machined, sandblast-etched and a

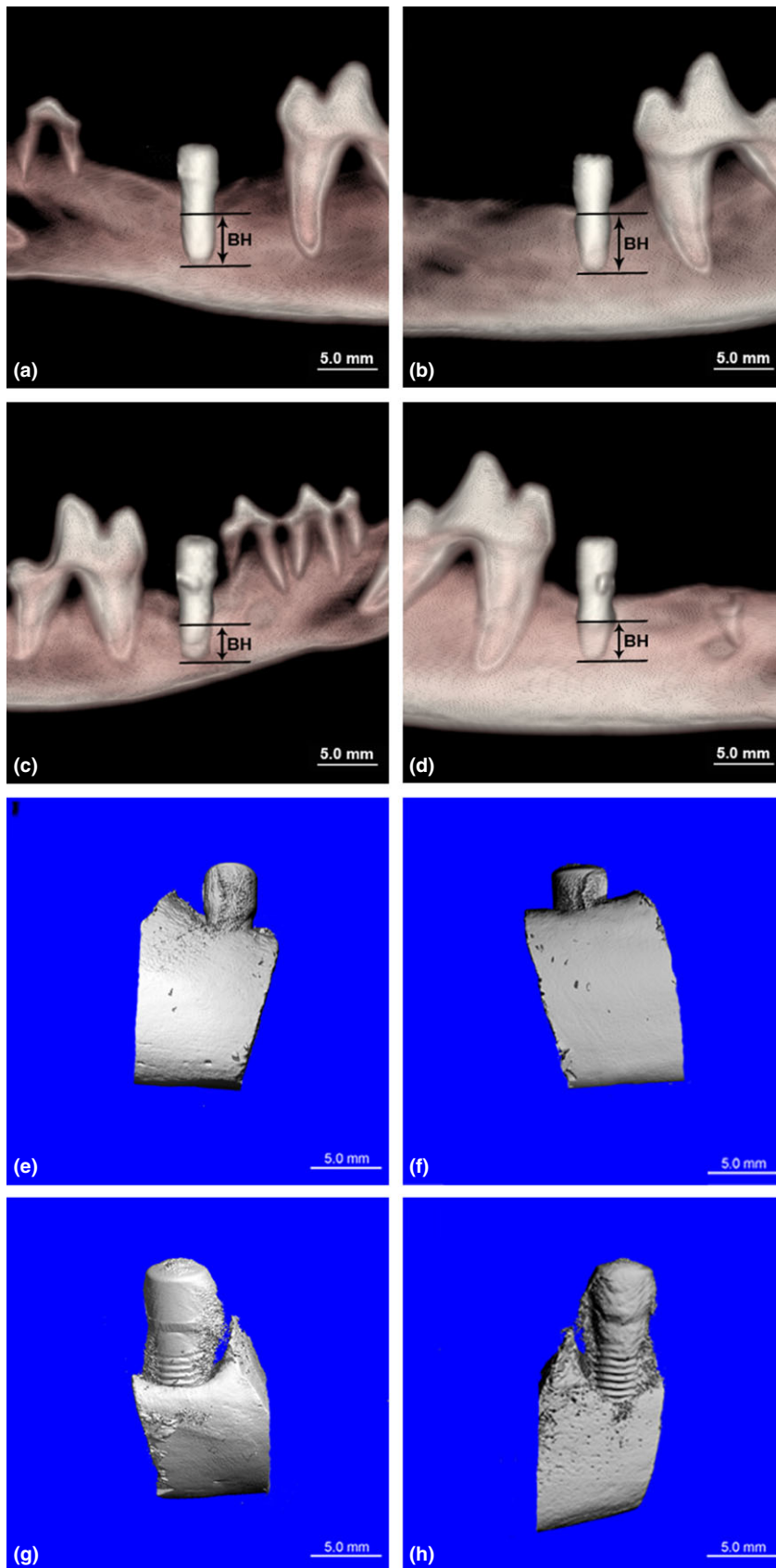


Fig. 4. CT images (a, b, c and d) and micro-CT 3D images (e, f, g and h) of the implant and surrounding tissues. (a) Implant in the plasma group at baseline. (b) Implant in the plasma group at month 3. (c) Implant in the control group at baseline. (d) Implant in the control group at month 3. (e) Buccal aspect of the implant in the plasma group at month 3. (f) Lingual aspect of implant in the plasma group at month 3. (g) Buccal aspect of the implant in the control group at month 3. (h) Lingual aspect of the implant in the control group at month 3. Landmarks: BH, the height of bone around the implant; Scale bars = 5.0 mm.

hydrophilic SLActive[®] surface) (Duske et al. 2012). In this *in vivo* study, ANTHOFIT[®] implants with a BCP[®] surface consisting of a mixture of hydroxyapatite and beta-tricalcium phosphate, were directly treated in the peri-implantitis dog model using an O₂/He-based non-equilibrium plasma application. The significantly increased height of the bone in the plasma group indicated that non-equilibrium plasma may promote the healing of BCP[®] surface implants. The effect of non-equilibrium plasma to other implant surfaces, including alumina-blasted/acid-etched (AB/AE) (Integra-Ti[™]; Bicon LLC, Boston, MA, USA) and calcium-phosphate (CaP) (Integra-CP[™]; Bicon LLC), have also been reported by Coelho et al. (2012) and Giro et al. (2013), respectively. These authors used an Argon-based non-equilibrium plasma application (Kin-Pen[™]; INP-Greifswald, Greifswald, M-V, GER) and irradiated the implants surface immediately prior to implant placement in a canine model, which resulted in an improved bone formation. Although the above reports pose good results, the underlying mechanisms regarding the reaction of bone-to-implant following plasma treatment remained unclear. Further *in vitro* and *in vivo* studies need to be conducted to explain this interesting phenomenon.

To evaluate the effects of non-equilibrium plasma in the inactivation of microorganisms in the peri-implantitis dog model, we specially designed a new compact non-equilibrium plasma application for this study. We found that the plasma

generated is around room temperature and contained numerous short-lived reactive species (excited OH, N₂, N₂⁺, He and O species). The reactive oxygen species, including excited OH, O and O₃ atoms and metastable state O₂, had millisecond-range lifetimes, which led to key roles in inactivating microorganisms in previous studies (Lu et al. 2008). As plasma is an ionized gaseous medium, it can spread to the surrounding environment rather than travel in straight line, and it can enter the curved, narrow, irregular pores and cracks more easily. Du et al. (2012) found that non-equilibrium plasma can even reach into narrow dentinal tubules during killing *Enterococcus faecalis* in root canals. Hence, non-equilibrium plasma, unlike conventional treatments, might not be largely influenced by bone defect configurations and implant surface characteristics when used in the treatment of peri-implantitis. In addition to the plasma, the conventional therapy included surgical intervention, manual scaling and antibiotic irrigation (0.2% chlorhexidine), which are techniques known to improve access to the peri-implant pocket, improve the clinical symptoms, and inhibit microbial growth (Mombelli 2002, Lindhe & Meyle 2008, Thierbach & Eger 2013).

Porphyromonas gingivalis, *Actinobacillus actinomycetemcomitans* and *Tannerella forsythia* are important pathogens that are associated with peri-implantitis (Becker et al. 1990, Nociti et al. 2001, Mombelli & Décaillet 2011). As expected, a better antimicrobial efficacy to these three bacteria was shown in the plasma group at months 1, 2 and 3 (Table 3). The in vivo results seemed to be analogous to the in vitro studies, which that showed the antimicrobial efficacy of non-thermal plasma against dental biofilms on titanium discs (Koban et al. 2011, Rupf et al. 2011). Moreover, the microbial analysis results demonstrate that the non-equilibrium plasma combined with conventional therapy had a more comprehensive and long-lasting effect of sterilization. Thus, non-equilibrium plasma with conventional therapy may be more effective to promote biofilm removal compared to conventional

therapy only. We noticed that the subsequent increase in the detection rates occurred in both groups which indicate that recolonization of bacteria occurred on the implant surfaces and reminds us of the regular dental check-ups with or without re-treatments should be considered in the clinical practice.

At baseline, there were no significant differences between the two groups in clinical examines (SBI, PD) and the height of bone level (BH) (Table 1). At month 3, the plasma group showed a significant improvement on clinical exam (SBI, PD) ($p < 0.05$) and a significantly higher BH compared to the control group. These findings indicate that both treatments improved the clinical symptoms; however, the use of non-equilibrium plasma in combination with conventional therapy was more effective.

There are some limitations to this study. One of them was that the treatments started right after the removal of ligatures, without another period for plaque accumulation to continue. Another limitation was the standard exposure time of 3 min, using a plasma application (even though effective), might not be optimal. Furthermore, the small amounts of experimental animals ($n = 6$) especially a low number of implants installed in each dog ($n = 2$) was not appropriate, according to the 3Rs principles. The low numbers of bacterial species detected ($n = 3$) could not entirely represent a complex microbiota of peri-implantitis. In addition, *P. gingivalis* and *A. actinomycetemcomitans* may only be found at a low level of in peri-implantitis lesions (Koyanagi et al. 2010). A limitation of CT was that the spatial resolution was not very precise (0.6 mm). Nonetheless, the results provided sufficient for the preliminary evidence in the potential use of non-equilibrium plasma for peri-implantitis treatment.

Future investigations will focus on the various non-equilibrium plasma treatment parameters in order to determine the optimal conditions. These will include increasing the number of bacteria detected, increasing number of installed implants in each dog, prolonging the observation period, and conducting a more accurate analysis (i.e. the

DNA checkerboard, or pyrosequencing techniques for microbiological analysis; the use of cone beam CT instead of CT). Finally, it is necessary to further explain the mechanisms underlying the antimicrobial effect of non-equilibrium plasma on the plasma-implant and plasma-cell interactions.

Conclusion

Within the limits of this study, non-equilibrium plasma treatment as an adjunct to the conventional therapy is a feasible approach for peri-implantitis. Thus, non-equilibrium plasma may enable new routes for the therapy of peri-implant lesions in the future.

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Clinical Relevance

Scientific rationale for the study: So far, there is not reliable evidence to show which conventional treatment is the most effective management of peri-implantitis. Due to new results regarding the use of nonequilibrium plasmas in the removal of oral biofilms on titanium surfaces and wounds, there is evidence suggesting that nonequilibrium plasmas may be a viable option in the treatment of peri-implantitis.

This study aims to evaluate the effects of nonequilibrium plasma in the treatment of peri-implantitis in beagle dogs.

Principal findings: Nonequilibrium plasma as an adjunct to conventional therapy showed a significant improvement of bone re-osseointegration, and reduced the detection of subgingival bacteria (*P. gingivalis* and *T. forsythia*). In addition, clinical examination (the sulcus bleeding index, probing depth) outcomes were

significantly improved when compared to conventional therapy alone. No significant difference was observed between the two methods with respect to the detection of *A. actinomycetemcomitans* at 3 months post-treatment ($p > 0.05$).

Practical implications: Nonequilibrium plasma may be a feasible approach in the treatment of peri-implantitis and may enable new routes for the therapy of peri-implant lesions.